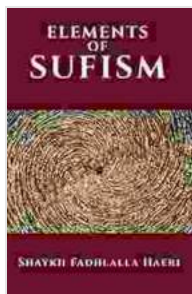


# The Elements of Sufism: A Comprehensive Guide to the Mystical Tradition of Islam



## The Elements of Sufism by Shaykh Fadhlalla Haeri

★★★★★ 5 out of 5

Language : English  
File size : 1963 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 157 pages  
Lending : Enabled



Sufism is a mystical tradition within Islam that emphasizes the importance of love, devotion, and direct experience of God. Sufis believe that the true path to God is through the purification of the heart and the cultivation of a deep and abiding love for the Divine. Sufism has a long and rich history, and its practices and beliefs have been passed down from generation to generation through a lineage of Sufi masters.

The Elements of Sufism by Shaykh Fadhlalla Haeri is a comprehensive guide to this fascinating tradition. The book offers insights into the history, practices, and beliefs of Sufism, making it an essential read for anyone interested in this aspect of Islam. Haeri is a renowned Sufi master and scholar, and his book is based on his own deep understanding of the tradition. He writes with clarity and passion, and his book is a valuable resource for anyone seeking to learn more about Sufism.

The Elements of Sufism is divided into four parts. The first part provides an overview of the history of Sufism, from its origins in the early days of Islam to its development into a distinct tradition in the 10th century. The second part discusses the practices of Sufism, including meditation, dhikr, and sama. The third part explores the beliefs of Sufism, including the nature of God, the soul, and the afterlife. The fourth part offers a practical guide to Sufism for beginners, including advice on how to find a teacher and how to incorporate Sufi practices into one's daily life.

The Elements of Sufism is a valuable resource for anyone interested in Sufism. It is a well-written and comprehensive guide that offers insights into the history, practices, and beliefs of this fascinating tradition. Haeri is a renowned Sufi master and scholar, and his book is based on his own deep understanding of the tradition. The Elements of Sufism is an essential read for anyone seeking to learn more about Sufism.

### **About Shaykh Fadhlalla Haeri**

Shaykh Fadhlalla Haeri is a renowned Sufi master and scholar. He was born in Iran in 1926 and studied Islamic law and theology at the University of Tehran. He later traveled to Iraq and Egypt to study Sufism with some of the leading masters of the tradition. In 1960, he returned to Iran and founded the Iranian Sufi Free Download, which has since spread to over 30 countries around the world. Haeri is the author of numerous books on Sufism, including The Elements of Sufism, Sufism: Heart of Islam, and The Way of the Sufi.

### **Praise for The Elements of Sufism**

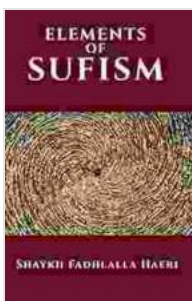
"The Elements of Sufism is a valuable resource for anyone interested in Sufism. It is a well-written and comprehensive guide that offers insights into

the history, practices, and beliefs of this fascinating tradition." —Professor Seyyed Hossein Nasr, University of George Washington

"Shaykh Fadhlalla Haeri is one of the leading Sufi masters of our time. His book The Elements of Sufism is a must-read for anyone interested in this ancient and beautiful tradition." —Dr. Reza Shah-Kazemi, University of Oxford

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