

Parkinson's Disease and Quality of Life: A Guide to Living Well with PD

Parkinson's disease (PD) is a progressive neurological disorder that affects movement, balance, and coordination. It is the second most common neurodegenerative disorder after Alzheimer's disease, and it affects about 1 million people in the United States.



Parkinson's Disease and Quality of Life by Mary Derbyshire

★★★★★ 5 out of 5

Language : English
File size : 1039 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 252 pages



PD is caused by the loss of dopamine-producing cells in the brain. Dopamine is a neurotransmitter that helps control movement. As dopamine levels decrease, people with PD experience symptoms such as tremor, rigidity, slowness of movement, and difficulty with balance and coordination.

There is no cure for PD, but there are treatments that can help to manage the symptoms. These treatments include medication, surgery, and physical therapy. In addition to medical treatment, there are a number of things that people with PD can do to improve their quality of life.

Parkinson's Disease and Quality of Life is a comprehensive guide to living well with PD. This book provides practical advice and support for people with PD, their families, and caregivers. The book covers a wide range of topics, including:

- The symptoms of PD
- The diagnosis and treatment of PD
- The impact of PD on daily life
- Coping with the emotional challenges of PD
- Finding support and resources

Parkinson's Disease and Quality of Life is an essential resource for anyone who is affected by PD. This book provides valuable information and support that can help people with PD to live full and meaningful lives.

Reviews

"Parkinson's Disease and Quality of Life is a comprehensive and well-written guide to living well with PD. This book provides practical advice and support for people with PD, their families, and caregivers. I highly recommend this book to anyone who is affected by PD."

- Dr. John Doe, MD, neurologist

"Parkinson's Disease and Quality of Life is an essential resource for anyone who is affected by PD. This book provides valuable information and support that can help people with PD to live full and meaningful lives."

- Jane Doe, caregiver

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