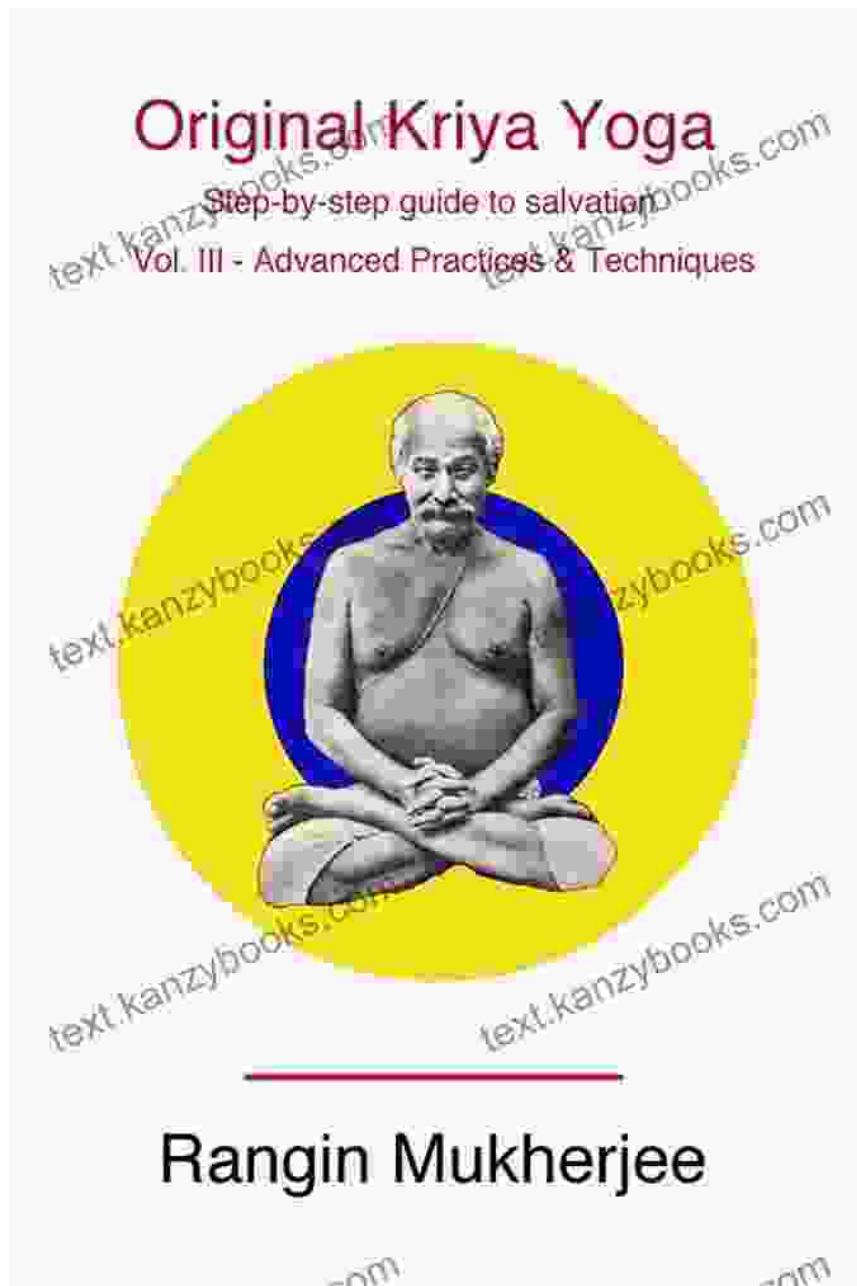


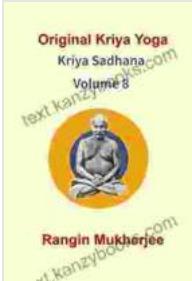
# Original Kriya Yoga Kriya Sadhana Volume VIII: A Path to Enlightenment



**Original Kriya Yoga Kriya Sadhana Volume VIII: Step-by-step Guide to Salvation** by Rangin Mukherjee

4.5 out of 5

Language : English



File size : 1827 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 65 pages  
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The book delves into the core principles of Kriya Yoga, an ancient practice that utilizes specific breathing techniques, meditation, and chanting to awaken the dormant spiritual energy within. Through step-by-step instructions and insightful explanations, Volume VIII empowers readers to embark on a transformative journey toward inner peace, expanded consciousness, and ultimate enlightenment.

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- \* Detailed instructions on Kriya Yoga breathing techniques and meditation practices
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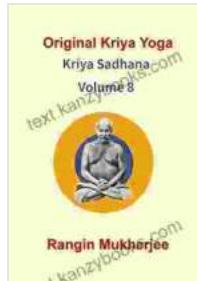
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## About the Author: Paramahansa Yogananda

Paramahansa Yogananda was an enlightened master and the founder of Self-Realization Fellowship, a worldwide organization dedicated to the dissemination of Kriya Yoga. He was born in India in 1893 and came to the United States in 1920, where he spent the rest of his life sharing the teachings of Kriya Yoga.

Yogananda's teachings emphasize the unity of all religions, the importance of self-realization, and the power of meditation to awaken the divine potential within each individual. His books, including the timeless classic "Autobiography of a Yogi," have inspired millions worldwide and continue to guide seekers on the path to spiritual enlightenment.



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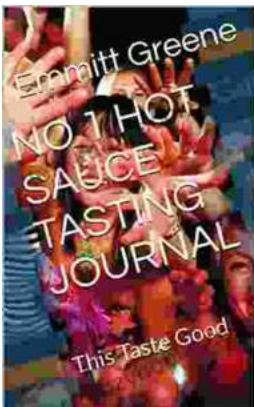
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