

# Clearing Your Karma Before The Shift: A Comprehensive Guide to Transcending Negative Patterns and Embracing a New Paradigm



## Clearing Your Karma Before the Shift by Marta Perry

★★★★☆ 4.5 out of 5

Language : English  
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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 134 pages



The world is on the cusp of a major shift. A new paradigm is emerging, one that is characterized by greater consciousness, compassion, and unity. This shift is already underway, and it is accelerating. As we move into this new era, it is essential that we clear our karma so that we can fully participate in the creation of a better world.

Karma is the law of cause and effect. It is the principle that every action, thought, and word has a corresponding reaction. We create karma through our interactions with others, with the environment, and with ourselves. Negative karma can weigh us down and prevent us from reaching our full potential. It can manifest in our lives as physical illness, emotional pain, financial problems, or relationship difficulties.

Clearing our karma is essential for our spiritual evolution. It allows us to break free from the cycle of negative patterns and to create a life that is more aligned with our true purpose. There are many ways to clear karma, including:

- **Forgiveness:** Forgiveness is one of the most powerful ways to clear karma. When we forgive others, we release the negative energy that we have been holding onto. This can help us to heal emotional wounds and to move on with our lives.
- **Meditation:** Meditation can help us to clear karma by calming the mind and body. When we meditate, we can connect with our inner wisdom and gain a deeper understanding of ourselves and our karma.
- **Yoga:** Yoga is another great way to clear karma. Yoga poses can help to release tension and stress from the body, and they can also help to improve our circulation and energy flow.
- **Service:** Service is a powerful way to clear karma. When we help others, we are not only making a difference in their lives, we are also clearing our own karma.

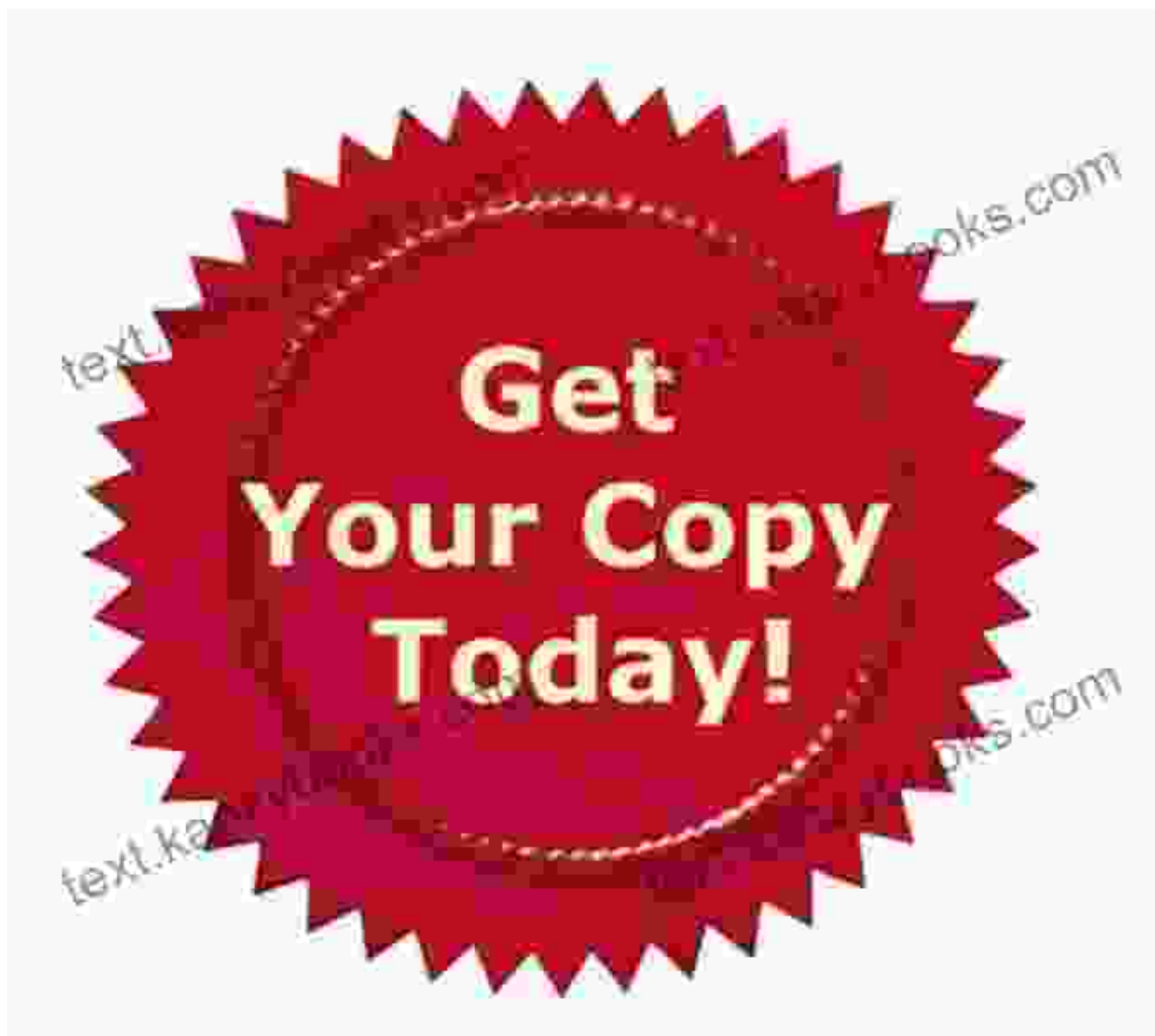
Clearing our karma is an ongoing process. It takes time and effort, but it is worth it. When we clear our karma, we create a foundation for a life that is more peaceful, joyful, and abundant. We also contribute to the collective awakening of humanity during this transformative time.

If you are ready to clear your karma and embrace the new paradigm, I invite you to read my book, *Clearing Your Karma Before The Shift*. In this book, I share my personal journey of karma clearing, and I offer practical tools and exercises to help you clear your own karma. I believe that we are

all capable of creating a better world, and I hope that this book will help you to take the first step on your journey.

### **Free Download Your Copy Today!**

*Clearing Your Karma Before The Shift* is available now on Our Book Library.com.



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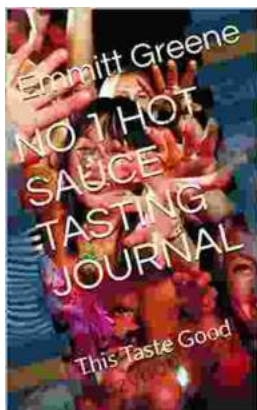


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